

2024 THSADA CONFERENCE



THANK YOU!!!

- GREAT YEAR-TRUE PARTNERS-COLLABORATORS
- PRODUCTIVE-Hope that it has been helpful.
- FUTURE-Will need more input. How do we best meet your needs? More compliance, competitive equity, greater understanding.

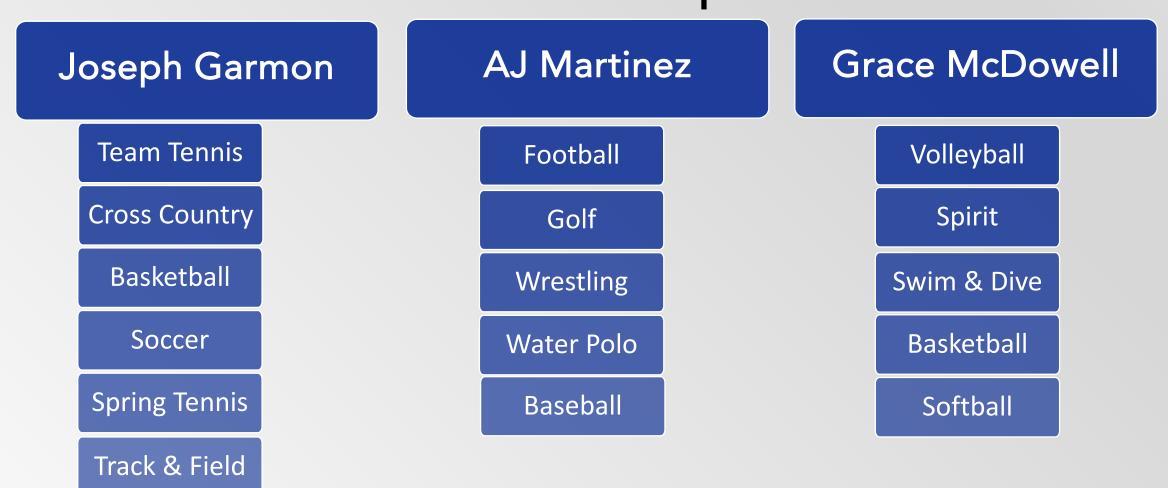




UIL Athletic Directors



Athletic Staff Responsibilities



UIL Athletic Staff

Senior Event Coordinator Jessica Walker

Portal, FB, Water Polo, BB, Baseball, PAPF



Senior Event Coordinator Hannah Higgins

XC, VB, BB, Swim, Soccer, Track, PAPF



Tennis, Wrestling, Tennis, Softball, PAPF



Coordinator of Officials Dillon Bankston

23-24 FOCUS COMMUNICATION, COLLABORATION & CONSISTENCY

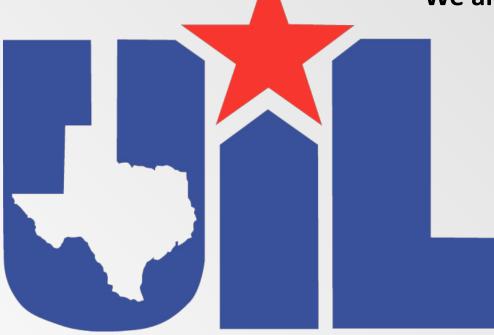


COMMUNICATION & COLLABORATION

- Initial communication summer events (THSADA, TASO, TGCA, THSCA, ISD Visits)
- Beginning of Year AD Regional Meeting Communication Blitz
- Marked increase in direct communication to superintendents, athletic directors, coaches
- Multiple board visits with THSADA, TGCA, THSCA, TASO & Other sport specific associations
- Collaborative process involving all of the above at a sportsmanship meeting in late March-Model for future challenges
- Priority on customer service

23-24 RESOURCE CREATION & CONSISTENCY

- Game Administrator Resources/Training
- Good Sportsmanship Reporting Form
- Bench/Sideline/Dugout Protocol Guidance
- DEC Training
- Website Updates-Manuals, Summer/School Year Strength and Conditioning, Heat/Safety Processes
- Numerous staff meetings and processes designed to create consistency of answers, approaches and interpretations of UIL Rules.
- We are trying to be better for you!-What's Next?



BASEBALL

Manual Alignments

Officials

Baseball Forms

Playoff Brackets Post Season Packet

State Tournament

Baseball Overview

Rules & Guidelines Pitch Count Guidelines

Pitch Count Implementation UIL Guidelines

- UIL Baseball Dugout Protocol
- 🔹 UIL Official Baden Balls 💫
- UIL Resources for Game Administrators $igsilon_{igsilon}$

Baseball Rules & Guidelines

UIL Rule Amendments & Sport Plan

2023-2024 UIL Rule Changes & Amendments

Baseball Plan (Constitution & Contest Rules)

INCREASING COMPLIANCE

Messaging-Importance of Systems & Frequency of Training



- How can you increase compliance and improve performance?
- Beginning of the year training/preseason processes
- In-season reminders-Repeat exposure to training/practice
- Practice it until they can't get it wrong



UIL BASEBALL DUGOUT PROTOCOL GUIDANCE

The head coach is responsible for the personal conduct and behavior of all team members and team personnel. It is important for coaches to be proactive by clearly communicating behavioral expectations to athletes, including dugout behavior. "Bench jockeying" or negative personal comments directed at opponents are unacceptable and should not be tolerated. This type of unsportsmanlike behavior can lead to bigger issues.

Coaches should communicate to athletes that it is how we respond or deal with success, failure, and adversity that will define us as a person or student-athlete. During times of crisis, we all sink to the level of our training, so how are we training our student-athletes to act daily and in times of crisis? We need to have a plan, and it's important to practice that plan. Without practice, the plan will not be implemented, similar to an offense, defense, etc.

• It is a great idea to include responding to crisis situations in practice plans randomly on a regular basis.

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Regular Season/UIL Playoffs/Play In Games School/Calendar Week Restrictions

- <u>High School</u> one contest per *school week*:
 - See specific sport for calendar week limits.
 - Per activity per student
- Junior High one contest per calendar week:
 - See specific sport for week limits
- Different Sports have Different Calendar Week Limits
- Play in or Warmup Games are still regular season games and <u>cannot be played as an exception to the school week.</u>
- **<u>Playoff Games can be</u>** played as an exception to the school week (Monday & Thursday)

DIFFERENCE BETWEEN CALENDAR AND SCHOOL WEEK:

- Calendar Week: 12:01 am Sunday to Midnight Saturday
- <u>School Week</u>: 12:01 on 1st instructional day of the week to close of instruction on the last instructional day of the week



TESTING AND IMPACTS ON SCHEDULING

- Regular season-local decision
- **Post-District**-Cannot schedule or participate in a post-district competition Monday-Thursday of the primary testing week (first week of window) until the day after the test is administered.
 - If schedule a test the second week of the window (non-primary), can participate in a post-district contest or activity.
 - See suggested STAAR Dates for each window.
 - English I & II: Avoid April 8-11, Schedule: April 14-18 (Area Track/State Soccer/Area One Act Play)
 - Biology & US History: Avoid April 15-18, Schedule: April 21-25 (Regional Golf, Regional Track)
 - Algebra I: Avoid April 22-25, Schedule: April 28-May 2) (State Golf)

TESTING AND IMPACTS ON SCHEDULING

2024-25 Testing Calendar Information

There is a two-week testing window for each STAAR content-area grouping. The primary testing week is week 1 of each two-week testing window. For UIL post season activities affecting high school testing schedules, STAAR end-of-course assessment testing windows are:

- April 8 April 18 for English I and English II
- April 15 April 25 for Biology and U.S. History
- April 22 May 2 for Algebra I

For UIL post season activities, districts and campuses that are participating in the specific UIL activity should collaborate and follow the guidance below to determine the best dates.

- Avoid scheduling the UIL post season activity during the primary testing weeks, if possible.
- Avoid scheduling English I and English II tests April 8 11; instead, schedule these tests April 14 18.
- Avoid scheduling Biology and U.S. History tests April 15 18; instead, schedule these tests April 21 – 22.
- Avoid scheduling Algebra I test April 22 25; instead, schedule this test April 28 May 2.
- Administer make-up tests later in the testing window to individual students who participate in the UIL post season activity and are absent from testing.

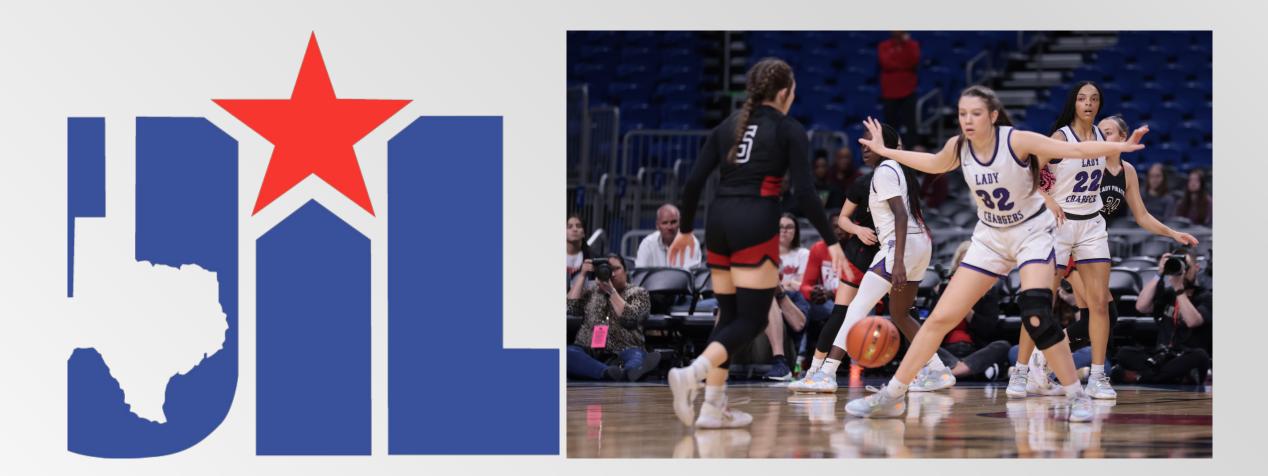


CALENDAR RELEASE/SCHEDULING IMPACTS

- Calendar typically released in January
- Proactive discussions regarding scheduling for next year need to occur
- Testing, Regional Track Meet (April 18-19 Good Friday), Multisport participation, Conflicts
 - DO NOT WAIT UNTIL YOU ARE IN THE CONFLICT TO ADDRESS THE PROBLEM
 - BE PROACTIVE-Adjust schedules now if necessary.
- No flexibility with school week limitation-STATE LAW



UP NEXT-THINGS TO CONSIDER



Competitive Equity and Increased Access to State Championships

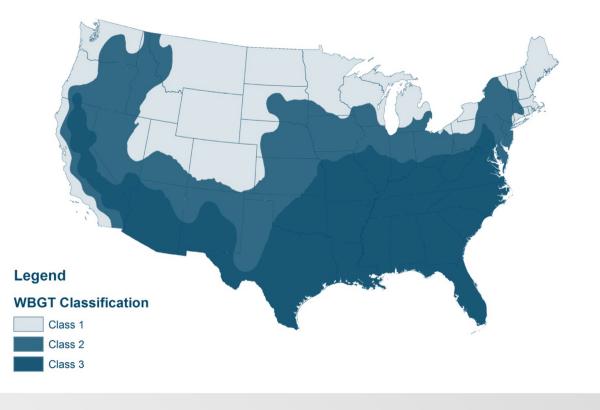
- **POSSIBLE** change to playoff structure in team sports for 2024-25
- Data informed proposal....
- Would need Legislative Council Approval
- Sports Impacted-VB, BBB, GBB, BSOC, GSOC, Baseball, Softball
- Not Impacted-Water Polo, Team Tennis
- BB, Soccer-All Classifications
- VB, Baseball, Softball-1A Stay the same, 2A & Above
- Individual Sports???
- Playoff Structure (BI-DISTRICT, AREA, REG. SEMIFINAL, REG. FINAL, STATE SEMIFINAL-STATE CHAMPIONSHIP)
 - Regional Tournaments, State Championships
- Would inform future alignments and models with real data

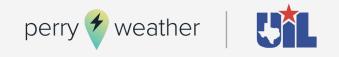
Heat Plan 2024 and Beyond....

WBGT Activity Guidelines

Class 3	Class 2	Activity Guidelines
< 82.0	<79.7	Normal Activities - Provide at least three separate rest breaks each hour with a minimum duration of 3 min each during the workout.
82.0 - 86.9	79.7 - 84.6	Use discretion for intense or prolonged exercise; Provide at least three separate rest breaks each hour with a minimum duration of 4 min each.
87.0 - 90.0	84.7 - 87.6	Maximum practice time is 2 hours; For Football : players are restricted to helmet, shoulder pads, and shorts during practice. If the WBGT rises to this level during practice, players may continue to work out wearing football pants without changing to shorts. For All Sports : Provide at least four separate rest breaks each hour with a minimum duration of 4 min each.
90.1 - 92.0	87.7 - 89.7	Maximum practice time is 1 hour; For Football : No protective equipment may be worn during practice, and there may be no conditioning activities. For All Sports : There must be 20 min of rest breaks distributed throughout the hour of practice.
≥92.1	≥89.8	No outdoor workouts. Delay practices until a cooler WBGT is reached.

- Medical Advisory Committee NEW RECOMMENDATIONS RECENTLY RELEASED AND AVAILABLE ON WEBSITE
- Cooling Zone mandate WBGT of 80 or above •
 - Cooling zones are required to have immediate availability of cold-water immersion tubs or tarps that can be filled with ice and water and wrapped around individuals to rapidly cool internal body temperature (TACO method) and are encouraged to include a combination of the following options: ice sponges, towels, water misters, and shade.
- FLEXIBILITY IN MEANS OF MEAUSREMENT
- **EMERGENCY ACTION PLANS UPDATED**
- Will be working towards a mandate for 2025
- Need your feedback throughout this summer ٠





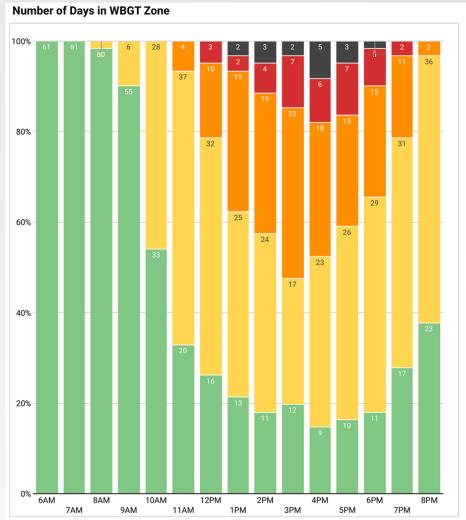
THSADA Region: I

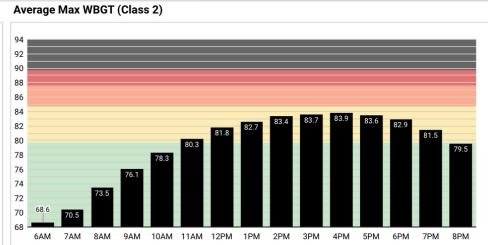
(Amarillo, Canyon, Lubbock)

Date Range: June, 1, 2023 - July 31, 2023

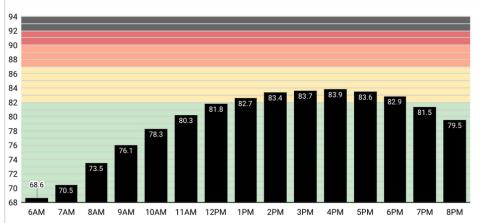
 UIL WBGT Zones
 Use Discretion
 1 Hr. Practice Max

 Normal Activities
 2 Hrs. Practice Max
 No Outdoor Workouts





Average Max WBGT (Class 3)



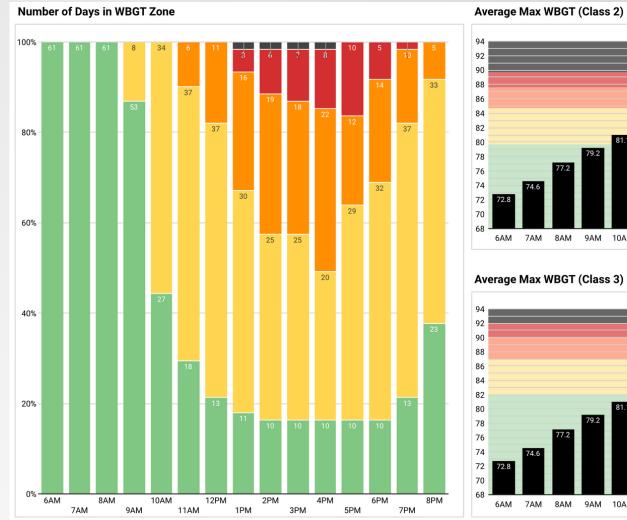


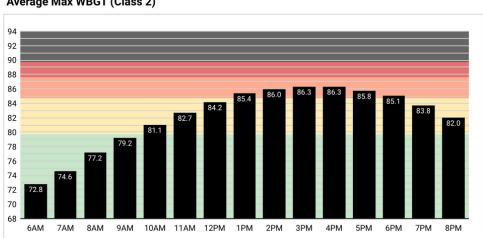
THSADA Region: II

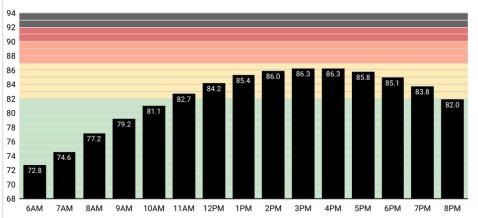
(Abilene, Wichita Falls, Odessa, Midland, San Angelo)

Date Range: June, 1, 2023 - July 31, 2023

UIL WBGT Zones 1 Hr. Practice Max Use Discretion 2 Hrs. Practice Max No Outdoor Workouts Normal Activities









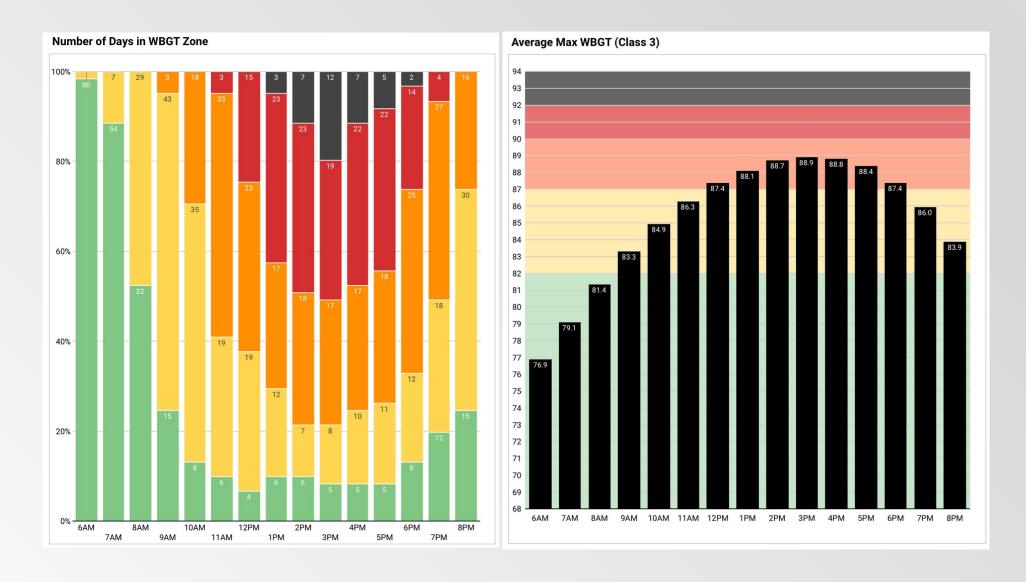
THSADA Region: III

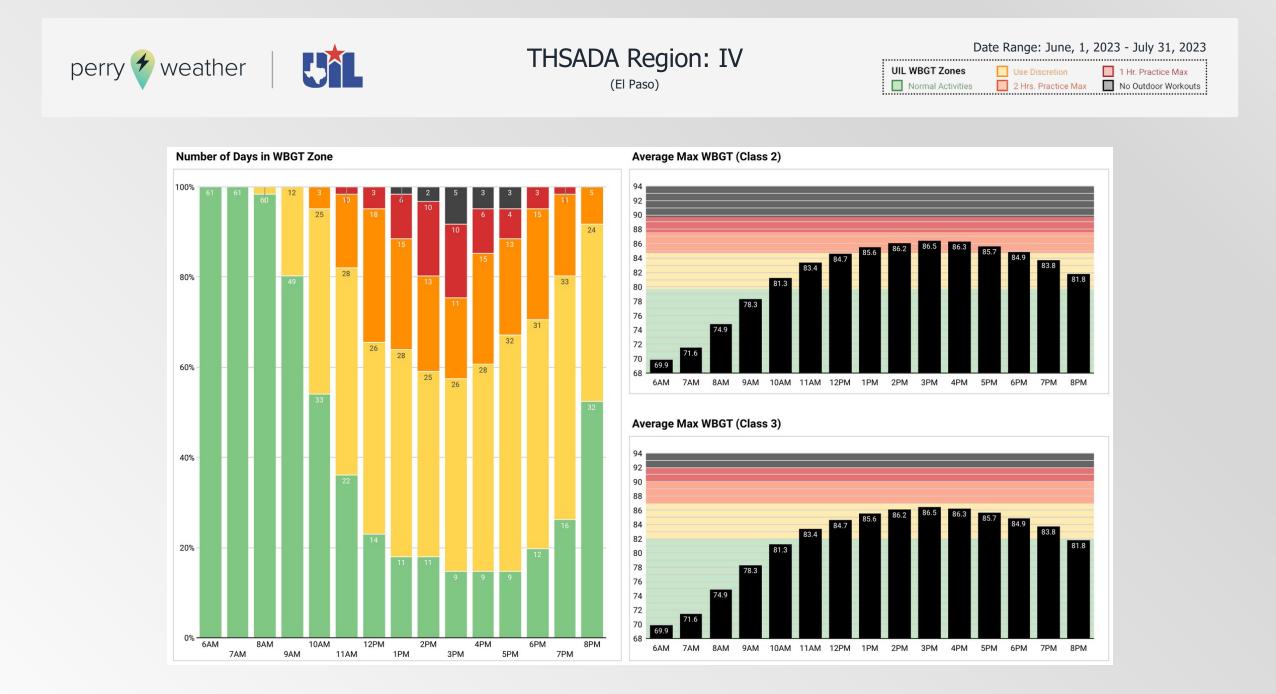
(Fort Worth, Dallas, Tyler, Cleburne)

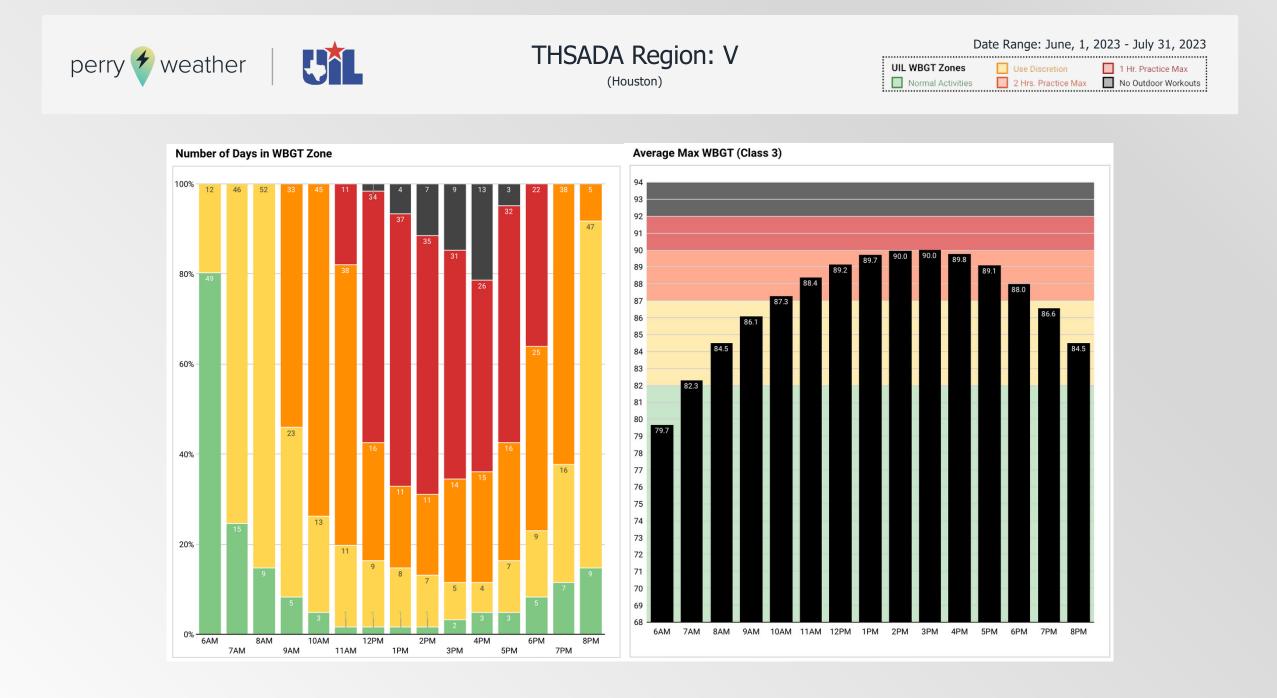
Date Range: June, 1, 2023 - July 31, 2023

 UIL WBGT Zones
 Use Discretion
 1 Hr. Practice Max

 Normal Activities
 2 Hrs. Practice Max
 No Outdoor Workouts









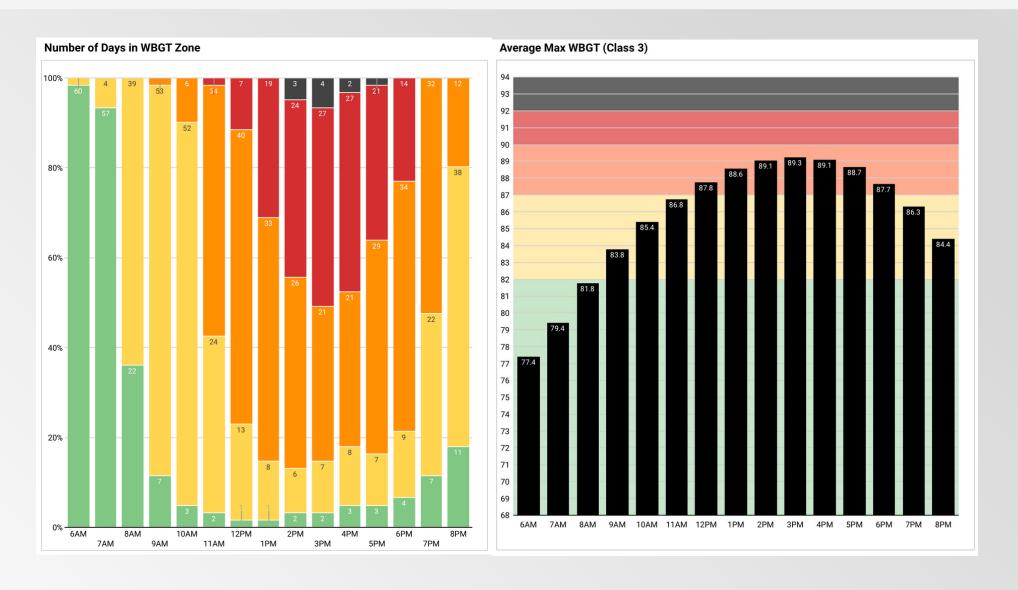
THSADA Region: VI

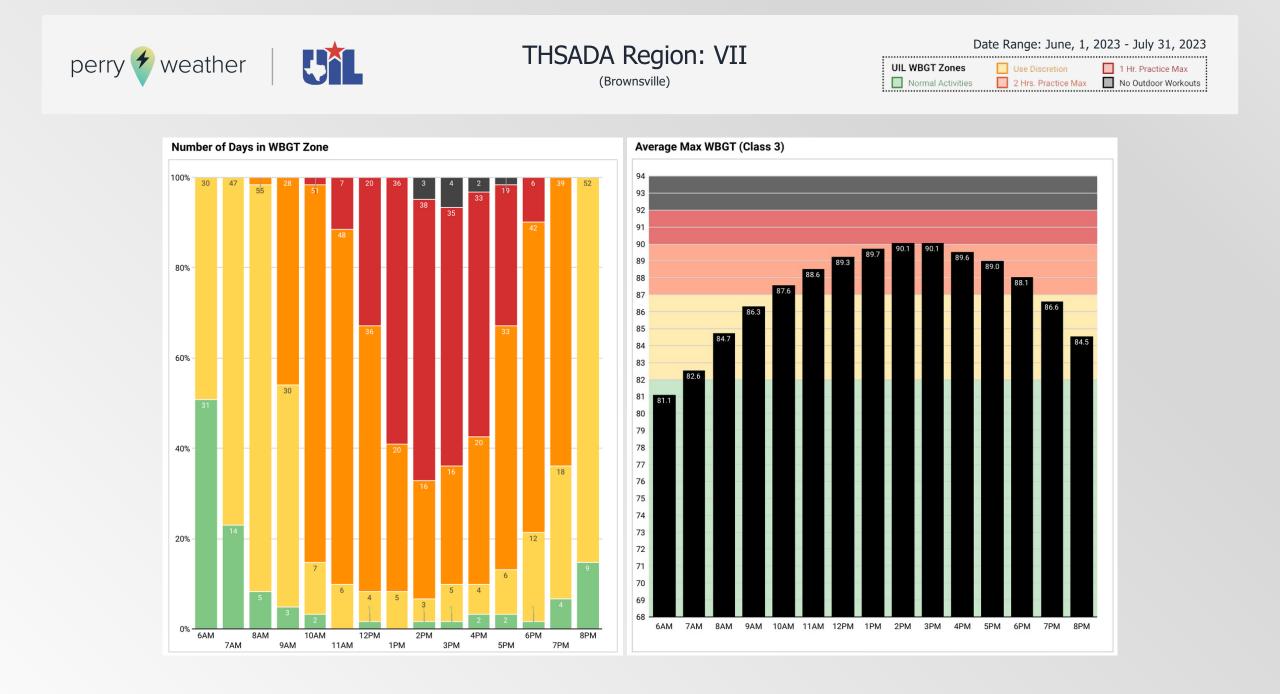
(Austin, Waco, Bryan, Georgetown)

Date Range: June, 1, 2023 - July 31, 2023

 UIL WBGT Zones
 Use Discretion
 1 Hr. Practice Max

 Normal Activities
 2 Hrs. Practice Max
 No Outdoor Workouts





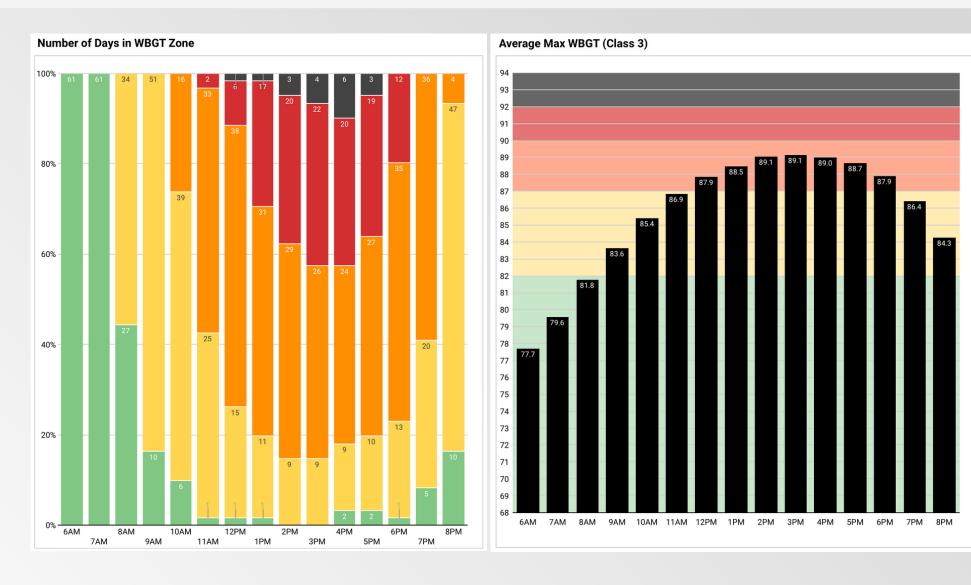


THSADA Region: VIII

Date Range: June, 1, 2023 - July 31, 2023

(Corpus Christi, Victoria, San Antonio, Laredo, Del Rio, San Marcos)

UIL WBGT Zones	Use Discretion	🔲 1 Hr. Practice Max
Normal Activities	🔲 2 Hrs. Practice Max	No Outdoor Workouts



APPROACH TO HEAT 6 WEEK PLAN-AUGUST-SEPTEMBER

- EARLY MORNING PRIORITIZATION-Adjustment to inservices-athletic periodsavailability of resources (can be a problem)
- What is the plan from 3:00-5:30 pm based on your region? How can you address for this time period for 3-6 weeks? Do you approach your routine differently 2 days a week and practice later?
- Data for your region dictates approach
- Forecasting Tool available on our website https://convergence.unc.edu/tools/wbgt/
- Creativity will be a competitive advantage. Practices in the evening 1-2 times a week. Is this necessary?
- Games vs Practices
- Ability to respond with great skill when facing an emergency situatior



				c Participation Form erscholastic League	Page 1 Revised 03/0/21
			Eligibility Questionnaire for N	vew Student Athletes in Grades 9-12	
For	UIL U	e Only	This Form Must be on File with School E (To be filled out by the student of	Before Participation at any Level in Grade 9-12 and/or parent and filed with the school.)	
ame	of Sta	dent (print)		GradeBirthdate	Age
uden	t's Cu	rrent Address		CityState	Zip Code
ew S	chool		City	Public Charter	Private School
ast S	chool	of Participati	on: City	State Public Chan	tter 🔲 Private School
late o	of enro	liment in nev	school: Date	of withdrawal from previous school:	
las th	e stud	ent been cont	innously enrolled in the new school for one ca	alendar year? 🔲 Yes 🔲 No	
Yes	No	1. Hardered	dest second and an excellence of its second	interesting and the first sheet after sheet as	inclusion with the transfer fit and
		another sc must be se department	hool in the United States or Mexico in grades 8-12 at to the District Executive Committee Chairpers r ONLY.	icular athletic activities (before school, after school or d 2? If yes, the student must complete page 2 in addition t son. If no, the student must complete page 1 and file wit	o page 1 and both pages h the school and/or athletic
		2. Has the st (within the If yes, plot	udent ever enrolled or participated in a Home e ISD) or International Baccaluarte (IB) progr ase provide the name of the school	School program, Magnet program, Charter school, ram in grades 9-12? and school year	Open/Choice Enrollment
		PARENT RES		E REFERENCE TO BIOLOGICAL PARENTS. REFERENCE C&	CR SECTION 440(8) &
		442			
_	-	district At	aletic Director Coordinator then contact the UIL	th parents guardian foster parent(s)? ENT(S), a UIL Parent Residence waiver may be require Athletics Department at (512) 471-5883.	
	-	4. Are the p If the waiver ma 5883.	arents of the student in married in parents are MARRIED-LIVING APART or MAR y be required. You MUST contact the district Ath	ever married married-living apart control of the control of the student is LIVING WITH ONE PAREN aletic Director/Coordinator then contact the UIL Athletic	livorced deceased T, a UIL Parent Residence ics Department at (512) 471
		5. Does the pa be required	. You MUST contact the district Athletic Director/O	e of the school the student wishes to represent? If yes, a UIL P Coordinator then contact the UIL Athletics Department at	Parent Residence waiver may (512) 471-5883.
			hange in schools but no change in address? If ye		
			an one residence owned, rented or maintained by		
4	님			as residence? If yes, it should be investigated prior to parti	
-	ш	attending?		a different school district other than the school district t	the student is now
		Second and a second second second	STUDENT RULE: REFERENCE C&CR SECTI		
				rs per day of instruction for either state or local high sc	hool credit? If Yes,
			h an explanation.	&CR SECTION 400 & 405(FOUR YEAR) & 440(C), 4	ALC CACED
_	_			ears ago? The first date of enrollment in 9th grade.	HO (AGE).
Η.	H			the 7th grade? If yes, please attach an explanation.	
H	H		was) the student 19 years of age on or before Sep		
	-		EXCHANGE RULE: REFERENCE C&CR SE		
		14. Is the stu	dent a foreign exchange student? If yes, a Foreigr	Exchange Waiver is required for Varsity athletic particips	ation.
		AMATEUR	ATHLETIC RULE: REFERENCE C&CR SE	CTION 441.	
		15. Has the s	tadent done anything to jeopardize their amateur	r athletic status?	
		ASSIST IN SECTION 4		SCHOOLS FOR ATHLETIC PURPOSES: REFER	ENCE C&CR
			ne from the new school contact the student prior		
				previous school? If yes, please attach an explanation.	
				ring to the school where members of the non-school tea	
				ction 33.0832 of the Texas Education Code: Has the stu learing of the DEC is required for variity participat	
		20. Has the s	tudent enrolled in/attended any other high school	0(s) in grades 9-12, other than the schools(s) already lis	
			sh and attach an explanation.		
during Illega Sudde which	g an athl I Steroid en Cardi o the sta	ietic period), scris I Use and Randos ac Arrest Awaren	each school to have on file the following required annual annage or game: Proparticipation Physical Examination (fo a Stavoid Testing, Parent and Student Notification/Agreem ses Form, Incorrect or unitrue information provided by the p	ENT AND ADMINISTRATOR OF NEW SCHOOL. forms for each student who participates in any practice (before sci- traidens in their first and thriv year of high school participation seare Form, Acknowledgement of Rules Form, Concussion Ackno parent or student could cause ineligibility and could result in the for second to the best of your knowledge, all information prese to certify that to the best of your knowledge, all information prese to set of student could cause ineligibility and could result in the for second present of the second se	n), Medical History Form, owledgement Form and rfeiture of contests in
	nature	of Student	Date	Signature of Parent/Guardian	Date
		of New Schoo	Date	Signature of New School Administrator	Date
		of New School			art

- 1. Is the student NEW to your school?
- Did they participate in 8th grade or beyond at a different feeder school or high school in the US or Mexico?

*If the answer to both questions is

YES, then a PAPF is required.

**If the student is NEW but <u>did not</u> previously participate, only page 1 of the PAPF is required.

Timing-Varsity (Fully completed and approved by the DEC) Sub-varsity-complete page 1 prior to participation and sign.

- <u>New school</u> (both the new coach and an administrator) signs the first page of the PAPF stating that to the <u>best of their</u> <u>knowledge</u>, all information is true and correct. The new school is responsible for verifying that student athletes meet the parent residence rule.
- What is your process for verification of residence?

TROP IN	1.11	CONTRACT	100 100 100 100	TABLE CONTRACTOR	120, 221, 222, 222, 2	The TAXABLE AVE	4 16 11 16	ADMINIST	13 4 707 (2) 13	CAT2 NUESDIE	COLLOCT
10.0		COMPL		RVNI	THE N F	PARENT	A NID	ADMINIST	***	OF NEW	SCHOOL.
101		COMPLE		DIGIG		TARGUT	ALCO.	AD 111 (10) 11	ILAL OR	01.141244	SCHOOL

It shall be the responsibility of each school to have on file the following required annual forms for each student who participates in any practice (before school, after school or during an athletic period), scrimmage or game: Preparticipation Physical Examination (for students in their first and third year of high school participation), Medical History Form, Illegal Steroid Use and Random Steroid Testing, Parent and Student Notification/Agreement Form, Acknowledgement of Rules Form, Concussion Acknowledgement Form and Sudden Cardiac Arrest Awareness Form. Incorrect or untrue information provided by the parent or student could cause ineligibility and could result in the forfeiture of contests in which the student has participated in addition to other penalties. The following signatures certify that to the best of your knowledge, all information presented on this form is true and correct.

Signature of Student	Date	Signature of Parent/Guardian	Date
Signature of New School Coach	Date	Signature of New School Administrator	Date
New School Coach Name	Coach's Email Address	Sport	

- <u>When the New school</u> (superintendent or designated administrator) signs the second page of the PAPF, the new school is certifying that the student was <u>not recruited</u> and is <u>not moving for athletic purposes</u>.
- Both the previous and new schools are responsible to ensuring that the student did not move for athletic purposes.

NEW SCHOOL CERTIFICATION: We certify that to our knowledge no one from our community has offered any inducement, directly or indirectly to the student or parents to move into our district. To the best of our knowledge this student is not changing schools for athletic purposes.

Name of New School

Signature of new school superintendent or designated administrator

Date

- Sending school must answer questions with great honesty and integrity to the process.
- Importance of substantiation (Question #6)

		100 C		
Execut	LAST SCHOOL OF PARTICIPATION CERTIFICA 9-12 who has ever participated in baseball, basketball, or track and field, volleyball or wrestling in grades 8-12 at sity level at the new school. Please check the appropriate resp ive Committee (DEC) would be required only if requested aring of the DEC is required in the new district.	another school	y, football, golf, soccer, softball, swimming and d ool in the United States or Mexico before they are y. If any of questions 1-5 are marked 'Yes', a full	iving, team tennis, tennis, e eligible to participate at all meeting of the District
Yes	No			
	1. Was there any conflict or dissatisfaction between the	e student, his	her parents, and the athletic/academic superviso	rs at the school?
	2. Was this student recruited to attend another school of	or was any u	ndue influence exerted upon this student or family	y to change schools?
	3. Did this student quit an athletic activity or program	while enroll	ed in your school? If yes, attach explanation to	DEC.
	4. Was this student ever suspended or removed from y	our school a	thletic program? If yes, attach explanation to D	EC.
	5. Would the student be prohibited from participation	in athletics h	ad they not changed schools? If yes, attach expl	anation to DEC.
	6. Based on your knowledge of the student and their c explanation to DEC.	ircumstances	s, is this student changing schools for athletic pur	poses? If yes, attach
Print N	ame of Former superintendent or designated administrator		Print Name of Former principal or coach	
Signature of Former superintendent or designated administrator (two signatures required)			*Signature of Former principal or coach	Date Signed
Last School of Participation:			State	_

ODDS AND ENDS

- Sport specific surveys (NFHS)-Importance of getting coaches to respond
- Participation #'s process-Fall/Winter/Spring
- New Professional Acknowledgement Form
- Playoff agreement processes (outside sports-noisemakers/rain plan)
- Improvement of DEC Processes



Final Thoughts

WE want to be better and more effective for you-Feedback.
ENJOY YOUR

SUMMER!





Director of Athletics Ray Zepeda 281-594-9893

Assistant AD Grace McDowell 214-236-9279

Assistant AD AJ Martinez 361-816-1281

Assistant AD Joseph Garmon 361-244-0497

